

CHORLEY INFERNO NETBALL CLUB



WELCOME PACK 2023



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Welcome to Chorley Inferno Netball Club

We sincerely hope that your time at Chorley Inferno Netball Club is a happy and successful one. Please read this document in full and get in touch if you have any further questions.

Our Club History

Our netball club is a place where girls will learn to love the game of netball, understand team sportsmanship, be part of a team spirit, keep fit and stay healthy! It is a great place to make friends outside of school, be part of the local community and most of all, have fun!

We started with 25 members in 2010, playing three or four tournaments a year with results generally in the bottom half of the league. Now we're a 200+ player strong club with numerous teams in every age group playing in the Bury League, Lancashire Junior League, County and National Competitions and also entering countless tournaments. Our results are phenomenal, quite often securing top of the league spots in the competitions we play. This year our U12 team were winners of the SistersNSport National Club Plate 2023 Competition!

We are run by a committee with several Level 2 coaches, team managers and young leaders.





OUR 6 VALUES

Collaboration, Integrity, Respect, Teamwork, Achievement and Fun!

Our values are underpinned by the following principles which will shape how we run our netball club:-

- ◆ We will value and **respect** the contribution from our network of volunteers
- ◆ We **collaborate** with our network to get the best results for our squads
- ◆ We **strive** to get the personal best from all our players
- ◆ We form teams of like minded ability to enable all our players **achieve** their personal best
- ◆ We **trust** and respect coaches' decisions on team and match selection
- ◆ We have **fun** with our friends and we thrive from playing good netball
- ◆ We **respect** our opponents and show good sportsmanship

VOLUNTEERS

We run a parent model of support for our teams and without parent support we could not be able to create as many teams as we do. As always, our ever-expanding club is on the lookout for skilled volunteers who are willing to commit some of their time and skills. If you feel you could offer help in some way, please speak to your daughter's coach.

We are always looking for the next generation of coaches, umpires, team managers, and key members of our team who help behind the scenes. At tournaments each team is required to volunteer for a particular role on the day from timing, tuck shop and scoring.

Should you go through all your coaching certificates and achieve a Level 2 qualification then you are able to claim expenses for your time.

The club also has opportunities for young leaders from Year 8 upwards to develop their umpiring and coaching skills.



“

One of the greatest gifts you can give, is your time.



CLOSED SESSIONS

In the interest of providing quality coaching and maximising training, all sessions will be closed.

We therefore politely ask that parents do not attend, as our experience has taught us that players become distracted when parents are present.

If you would like to watch a particular session, permission must be gained from the coach.

Coaches are always on hand to answer any questions at the end of the session. In this pack, we have tried to include all the relevant information that you may need.

If there is anything that we have not covered, please ask your daughter's coach or team manager or email:-
chorleyinfernonetballclub@hotmail.co.uk
and one of the committee members will respond to you.



Training helps, teach the vision and mission, but players must put the training into action for it to have meaning

Chorley Inferno Netball Club

email chorleyinfernonetballclub@hotmail.co.uk

SUBSCRIPTIONS

The first three trial training sessions are FREE, thereafter:

You must set up a standing order to the following bank details on your fourth session. Chorley Inferno Netball Club

1. Sort Code: 01-01-94
2. Acc. No.: 20781075
3. Ref: Players name

Monthly subscriptions are £18.50 (payable over a 12 month period). This includes your daughter's training fees. All other fees relating to Tournaments and other games are be paid on or before the day.

Any lapse in payment of subscriptions, the treasurer will chase. In most cases it could be an oversight or an admin error. In the event of subscriptions not being paid thereafter, the matter will be reported to your coach and could result in your daughter being unable to play/train.

Please remember to put your daughter's name as your payment reference.



*Please pay your fees
on time*



ENGLAND NETBALL

ENGAGE REGISTRATION

All club members must have a current England membership directly with England Netball using the link below.

New Player to Chorley Inferno (no current England Netball Association (ENA) ID)

1. Visit England Netball Website

<https://www.EnglandNetball.co.uk/membership/become-a-member/>

2. Top right hand side, hover over 'Membership' and select 'Member Login'

3. Type 'Chorley Inferno' in the find club field and then click magnifying glass, then click 'Register'

4. Then click 'Create Account' on Right hand side under green login button

5. You will need to create the account for yourself (1 Adult) and the no of children you need to register

6. Fill in the details, we found that you need to type the address in full as the postcode search didn't seem to work, when complete click 'Next'

7. Select the Communications preferences you want then click 'Next'

8. Tick the user agreement cookies and add Tel No, click 'Next'

9. Complete the details (yours) and Confirm

10. Then complete your child's details and Confirm

Once this has been submitted you should receive an email from Engage detailing how to pay

(If you are unsure how to do this, please speak to your child's coach/team manager)

Chorley Inferno Netball Club

email chorleyinfernonetballclub@hotmail.co.uk

KIT

Match kit is a Kukri Dress for High School years and a Chorley Inferno Dress and Shorts for Primary Years. These can be purchased through our website. This is mandatory for matches.

Training tops, hoodies, tracksuit tops and other kit can be purchased directly from Kukri.

Our kit manager is Kim Power, who carries some kit in stock, You can contact her on:- 07812 445214

The links to our store and the Kukri store are below:-

<https://www.chorleyinfernonetballclub.com/online-store.html#/>

<https://www.kukrisports.co.uk/teamshop/chorleyinfernonetballclub/productNavListNg.action>

JEWELLERY & NAILS

Strictly no jewellery to be worn at training or games

Fingernails must be kept short and not visible over the end of the finger



REGISTRATION FORMS

Each new player is required to complete our registration form and agree to our codes of conduct, the links are below.

CODE OF CONDUCT FOR PLAYERS

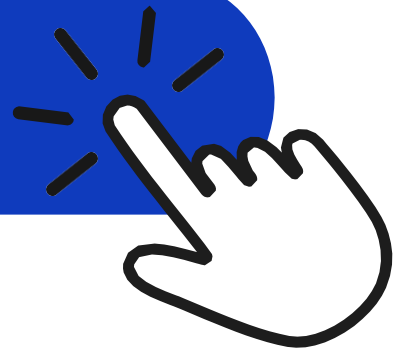
PARENT/GUARDIAN CODE OF CONDUCT

<https://www.chorleyinfernonetballclub.com/policies--procedures.html#/>



PLAYER REGISTRATION FORM

<https://www.chorleyinfernonetballclub.com/join-us.html#/>



Chorley Inferno Netball Club
email chorleyinfernonetballclub@hotmail.co.uk

PLAYER SELECTION POLICY



At Inferno, we are a competitive club and we strive to be the best so, team selections may change throughout the season depending on several factors. Training will be tough and selections may not go as you prefer. This could be due to new players joining or that existing players in other teams have progressed in ability and show drive, determination and ambition to progress. This starts to settle down as they get into High School Years as stable teams start to form. In Years 2 to 5 our teams and training groups are formed from a wide mix of abilities and skills where we rotate positions until the girls start to develop and form more stable teams. We often find that team selections are one of the most common causes of upset or disharmony between the players, parents and coaching staff. We understand that it can be upsetting and challenging if girls are not grouped with their own friendship groups or they have friends in a higher league team however, we form teams of like-minded and ability players with the aim to win.

There will be times throughout your daughter's journey where there are incredible highs and other times when things don't go to plan no matter how hard we have worked. Joining competitive sports, means players have to be tough and build resilience both mentally and physically. These skills help with all aspects of life. Our network will support players to go as far as they possibly can but, please have realistic expectation as every player will shine at different times, it is not healthy to compare your child to others.

Our coaches make decisions with integrity and for the fairness and development of the whole group. Although we might not get it right all time, we ask that you support our decisions and allow your child to regroup, stand tall and keep moving forward. Please do speak to your daughter's coach if there are any areas of concerns, or you would like some feedback periodically.

Finally, please bear in mind that our coaches give up a lot of their time (often not visible to you or our players) they attend training, manage the teams behind the scenes, co-ordinate and attend matches and Tournaments. They also take part in Club meetings and planning throughout the year. All of this adds up alongside their full-time jobs. Any kind of abuse or the breaking of the codes of conduct for coaches, parents and players will not be tolerated.

All players must sign the code of conduct every season to confirm that they agree to participate in a way that represents themselves and the Club in the manner we expect.

COMMITMENT TO GAMES

Once players are match ready and assigned a team to play competitively, we are looking for a minimum of 70% commitment to attend training and games. In our higher performing teams most girls are over 90%. If you can't commit to weekend games then please let us know so that we can signpost you to a non-competitive club where training is the main focus.

The above criteria will be taken into consideration when considering which team will be best suited for your daughter. We follow a natural development pathway for our players and we thrive to have first, second and sometimes development teams. Assessment will be undertaken on a regular basis throughout the season.

Please can we ask you respectfully not to challenge coaches on their decisions. If there is a particular team or position that you would like your daughter to play in, please ask to see a coach after training. We can then give personalised advice on what progress needs to be made to work towards that. Please try to avoid long a lengthy message exchange as this isn't always best way to communicate these issues.

Our coaches work tirelessly for the girls and the club, as well as having full time jobs. We do hope you that you understand and respect some of the pressures that they are under.

HEJA

When your daughter is match ready, we will invite them to the Heja account so that they can be selected for matches.

Please can we ask you give your availability by Wednesday of each week. The coaches do not have time to keep chasing, games may get cancelled if there are not enough players to play.



PARENTS YOU ARE THE 8TH PLAYER, YOU MAKE A DIFFERENCE. ALWAYS!

Without parents, we could not operate Chorley Infernos. Our model is very much parent driven and from each year group, a parent will step up to coach, team manage and support many other tasks behind the scenes. If we do not have this skill set among parents, we will struggle to provide a full service.

Parents also play a key part in a player's success on and off the court, it matters what you talk about in the car on the way home, it matters how you support losses, and it matters on how committed your daughter can be at training and matches.

Our children whose parents are supportive and encouraging are generally the most successful and content. Can we also ask that you do not shout instructions to your daughter at matches. This is the coach's job. Too many people telling you what to do causes frustration and confusion.

In addition to this, another theme which is consistent in our winning teams is they practice at home. We only have your daughter for a couple of hours a week on average so the more that can be done at home, the more successful your child and team will be.

You can help and encourage by: -

- ♦ Buying a net/hoop for birthday or Christmas and get them practicing 100 shots a day
- ♦ Get a ball and practice with siblings and you/friends in the garden
- ♦ Practice running, jumping and correct footwork at a pace
- ♦ Improve fitness, running, swimming etc

Sportsmanship and attitude are absolutely key ingredients in successful players. Ability does not outweigh attitude, ever.

AS A PARENT, WHICH ONE DO YOU STRIVE TO BE?

GOOD SPORT PARENT

VS

BAD SPORT PARENT

Supports the coach



Let's their child make decisions



Encourages their child



Lets their child have fun



Praises their child and cheers for everyone



Is a role model



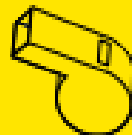
Respects officials



Respects the opposition



Supports the coaches decisions



Gives their child autonomy



Wants their child to learn lessons from sport



Argues with the coach



Constantly shouts instructions



Criticises their child



Over pressures their child



Compares their child to other players



Demonstrates negative behaviours



Is abusive towards officials



Argues with opposition parents/players



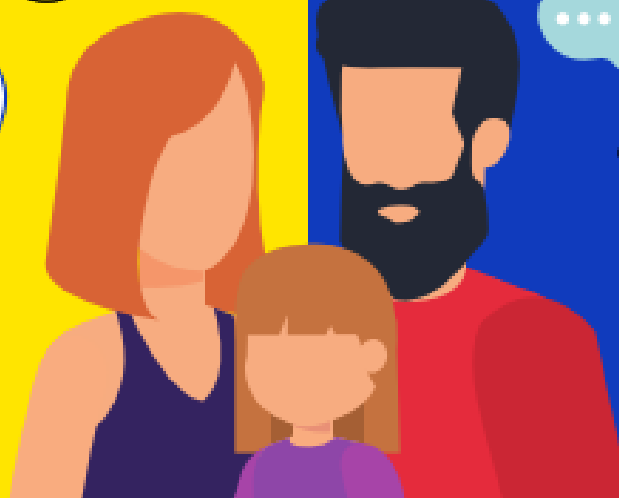
Disagrees with the coaches decisions



Tells their child how to play



Wants their child to win at all costs



Players we want to see....

SPORTSMANSHIP

Sportsmanship is when you are following the rules and being kind and respectful to others whether you win or lose!

Sportsmanship looks like

- Shaking hands with the other team, even if you lose
- Congratulating somebody if they do a good job
- Being honest, not cheating
- Being kind and not taunting or name calling
- Having a positive attitude, even if you lose
- Not bragging if you win the competition
- Understanding how the other person is feeling if they lose
- Using your coping skills if you get angry during the game
- Giving positive feedback to your teammates
- Learning how to listen to feedback from others without getting upset
- Accepting the rules if you lose
- Showing respect to anyone who gets injured
- Not quitting or giving up when you're losing the game



A "Good Sport" story

Read the cards below. Put them in order to make a "Good Sport" story.

Sam feels sad she is losing. She keeps trying. She scores one goal, but Ella scores 4 more. She wins!



Ella has practised playing netball all summer. She scores the first goal. She scores 5 more



Sam is sad she lost. She takes a breath. She thinks about how netball is only a game. She gives Ella high five and says 'Congratulations!'



Sam and Ella start playing netball. The first one to get 10 goals wins. Sam really wants to win!

